College of Registered Psychotherapists of Ontario

OCTOBER 1, 2026

COUNCIL HIGHLIGHTS

Strategic Planning

Council approved the proposed 2027–2030 Strategic Priorities and the accompanying implementation and governance pathways. The discussion built on the outcomes of the June strategic planning sessions and established the framework for the College's work over the next strategic planning cycle. Click here to view information regarding the strategic plan.



DEIWG Report to Council

Council received a report from the Diversity, Equity and Inclusion Working Group (DEIWG) to inform the development of a future standing committee and support implementation of the DEI Roots Framework. The report will help shape ongoing governance modernization efforts. The full report is available on the website.

Governance Modernization

Council reviewed and approved the proposed direction for governance modernization. The discussion focused on foundational changes required to support implementation of the College's strategic priorities and strengthen future governance effectiveness.

Registration Regulation Amendments



Council approved proposed amendments to the Registration Regulation for a 60-day public consultation period. The consultation will provide system partners with an opportunity to offer feedback before final amendments are considered. To review the proposed changes and provide feedback by December 19, 2026, check out the public consultation details on the website.

Psychedelic-Assisted Psychotherapy Guidance

Council approved draft guidance documents related to Psychedelic-Assisted Psychotherapy (PAP), including guidance on PAP practice, preparation, and integration. These documents will support registrants in navigating this evolving area of practice. The guidelines are available on the CRPO website.

Committee Appointments

Council ratified appointments of newly elected and appointed Council members to statutory and standing committees, ensuring committee structures are appropriately supported for the coming term:

- **Kevin Sack**, Public Member, as Vice-Chair of the Nominations and Elections Committee
- **Janet Cullen, RP**, as Chair of the Client Relations Committee
- **Sara Kohtala, RP**, as Vice-Chair of the Client Relations Committee
- **Kaydee Richmond**, Public Member, was appointed to the Inquiries, Complaints and Reports, Nominations and Elections and Client Relations Committees.
- **Valerie Kates, RP**, was appointed to the Quality Assurance and Inquiries, Complaints and Reports Committees
- **Mark Whiticar, RP**, was appointed to the Registration and Nominations and Elections Committees
- **Nicolas El-Kada, RP**, will continue to serve as Chair of the Inquiries, Complaints and Reports Committee

All Council members are appointed to serve on the Ontario Registered

Psychotherapists Discipline Tribunal (ORPDT) and Fitness to Practise Committee. Full committee composition is available on the website.

CRPO is now on LinkedIn!
Follow CRPO for regulatory updates, governance insights, professional practice resources, and news that matters to registrants and the public. Click here to see the CRPO LinkedIn profile.

Policy Updates

Council approved updates to several governance and regulatory policies, including:

- Policy on Posting Non-College Conduct to the Public Register;
- Policy on Reporting Information on Possible Criminal Acts; and
- Policy on Review Cycles for Policies and Guidelines.

Other Updates

- Q1 Meeting pulse report
- Executive Committee Report
- Registrar's Report including registration, compliance, operational, and website analytics updates
- Approved June 11, 2026, meeting minutes

NEW! CRPO's 2025-26 Annual Report
Council was presented with the 2025-26 Annual Report for information. The report provides a comprehensive overview of the CRPO's activities, performance and achievements over the past year. Read the report on our website.

Next Council Meetings

Council meetings are livestreamed on the CRPO YouTube channel. Register in advance to receive the link ahead of time, or grab the link off the CRPO homepage on the day of the meeting:

- December 3, 2026
- March 25, 2027
- June 17, 2027
- September 23, 2027
- December 9, 2027

